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assembling an outer layer with the sub-structure such that the machined shim material lies substantially between the outer layer and the sub-structure.

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8. (Amended) A method as claimed in claim 1 wherein the film or sheet of shim material is pre-cut into a shape suitable for direct use in a particular application prior to the shim material being positioned on the sub-structure.

9. (Amended) A method as claimed in claim 1 wherein the film or sheet of shim material has a thickness in the range 0.4 to 4.0 mm.